

1 Meeting Logistics

Item	Quality of Life – Survivorship Workgroup
Date	12/14/2022
Time	12:00 – 1:00 pm
Location	Virtual
Purpose/Focus	Regular bi-monthly meeting
Notetaker	Stefanie Washburn, co-chair

- 2 **Attendees:** Jessica Beckstrand, Diana Fox, Ruth Hoffman, Amy Jacobs (co-chair), Kate Konkle, Veronika Panagiotou, Stefanie Washburn (co-chair)



3 Agenda

ID	Description	Owner	Time
1	Welcome	Amy Jacobs	5 minutes
2	Survivorship survey updates	Stefanie Washburn	10 minutes
3	Event, program, and resource updates	Group	40 minutes
4	Next meeting/closing	Amy Jacobs	5 minutes

4 Discussion (next page)

ID	Discussion
2	<p>Survivorship survey updates</p> <ul style="list-style-type: none"> Updates to survey development plans were discussed. Funding plans for a consultant to help develop, manage, and implement the survey + analyze the data are being confirmed. Amy and Stefanie are drafting the RFP for distribution in early 2023 and have met with the Evaluation Subcommittee. Workgroup members were asked to let Amy and Stefanie know if they have ideas for consultants to consider. The survey subcommittee (Veronika, Jeanne, Ruth, Jessica, Amy, and Stefanie) continue to meet about the survey. The goal of the survey is to identify survivorship and SDOH-related gaps experienced by people affected by cancer in PA.
	(continued on next page)

3 **Event, program, and resource updates**

- Workgroup members shared updates about upcoming events and programs from their organizations.
- **Livestrong at the YMCA:** Fall sessions are ending now and spring sessions will begin in March.
- **American Cancer Society: Nutrition, physical activity, and survivorship resources (Diana)**
 - Benefits of Healthy Behaviors for Cancer Survivors Video Series: <https://www.acs4ccc.org/benefits-of-health-behaviors-for-cancer-survivors/>
 - The Nutrition, Physical Activity, Body Weight, and Cancer Survivorship Series: <https://www.acs4ccc.org/the-new-nutrition-physical-activity-body-weight-and-cancer-survivorship-series/>
 - Nutrition and Physical Activity Guideline for Cancer Survivors (2022): <https://www.cancer.org/health-care-professionals/american-cancer-society-survivorship-guidelines/nupa-guidelines-for-cancer-survivors.html>
 - Let's Talk Nutrition and Physical Activity: <https://www.acs4ccc.org/lets-talk-nutrition-and-physical-activity/>
 - Nutrition and Physical Activity Tip Sheets: <https://www.acs4ccc.org/nutrition-and-physical-activity-resources/>
 - The Costs of Cancer Survivorship https://www.fightcancer.org/sites/default/files/national_documents/survivorship_report_11.30.22.pdf
- **National Coalition for Cancer Survivorship: State of Survivorship Survey 2022 highlights (Veronika)**
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NCCS State of Survivorship Survey
- **World Health Organization – American Childhood Cancer Organization: Global survey on lived experience and Childhood Cancer Action Hour (Ruth and Jessica)**
 - Survey: press release and survey link
 - <https://www.who.int/news/item/18-10-2022-who-launches-new-campaign-to-amplify-the-lived-experience-of-people-affected-by-cancer>
 - <https://extranet.who.int/dataformv3/index.php/933528?lang=en>
 - Childhood Cancer Action Hour
 - 
ActionHour2023.pdf
- **Cancer Navigation and Survivorship Network: Upcoming meeting (Kate)**
 - January Network Meeting: Young Adult Survivor Resources: Stephanie Samolovitch, Founder and Executive Director of Young Adult Survivors United, will share about the organizations and the resources available. YASU has the largest community in Western PA for young adult cancer survivors and their co-survivors (with virtual programming outreach on a national level), providing them the ability to cope and thrive from emotional, social, and financial support under professional guidance and with peers who understand and can relate. [Register](#)
 - An in-person meeting for community health workers will be held in Harrisburg in spring 2023
- **Cancer Bridges: Happy Feet Wellness Community (Stefanie shared on behalf of Jen Kehm)**
 - Free to anyone in PA after becoming a member of Cancer Bridges (also free)
 - For more information visit www.caringbridges.org or contact Jen at jen@cancerbridges.org or 412-338-1919

4 **Next meeting:** Wednesday, February 8, 2023 from 12:00 – 1:00 pm

