

1 Meeting Logistics

Item	Quality of Life – Survivorship Workgroup
Date	5/10/2023
Time	12:00 – 1:00 pm
Location	Virtual
Purpose/Focus	Regular bi-monthly meeting
Notetaker	Stefanie Washburn, co-chair

- 2 **Attendees:** Jessica Beckstrand, Diana Fox, Bob Green, Amy Jacobs (co-chair), Susan Jacobs, Kate Konkle, Jackie Nixon, Veronika Panagiotou, Kelsey Sipes, Ann Garst Taylor, Stefanie Washburn (co-chair)

3 Agenda

ID	Description	Owner	Time
1	Welcome	Amy Jacobs	5 minutes
2	American Childhood Cancer Presentation	Jessica Beckstrand	15 minutes
3	ReVital Cancer Rehabilitation	Kelsey Sipes	15 minutes
4	Workgroup strategies	Stefanie Washburn	10 minutes
5	Updates/closing	Amy Jacobs	10 minutes

4 Discussion

ID	Discussion
2	American Childhood Cancer Organization: Jessica presented background about ACCO (see attached slides), with emphasis on inclusion of childhood cancer in state cancer control plans (most effective with workgroup support - see attached tip sheet).
3	ReVital Cancer Rehabilitation: Kelsey presented on the importance of cancer rehabilitation in addressing side effects of cancer and its treatment.
4	<p>Workgroup strategies: Stefanie reviewed the workgroup’s priority strategies, which are to:</p> <ul style="list-style-type: none"> • Support health systems in the development and implementation of survivorship programs by increasing access to community resources for healthcare providers and people living with cancer; • Through member organizations, provide physical activity programming to Pennsylvanians aged 18+ and living with or beyond a cancer diagnosis, to reach at least the recommended 150 minutes per week of moderate-intensity physical activity, by 2023; • Collaborate with patient navigation programs to address barriers to access to care and resources commonly experienced by people with cancer; and • Expand our membership to add new perspectives and insights. <p>The group discussed potential future updates to these strategies including childhood cancer, rehab and quality of life, food insecurity, and secondary cancer screening. The group also expressed interest in learning more about the direction of the new state cancer control plan and its priorities, to help inform workgroup direction. The group discussed focus areas of other PCC workgroups such as lung health and men’s health. Bob recommended connecting with “Man Up to Cancer” and their Facebook group as a way to increase participation in the workgroup/PCC.</p>
5	Updates/closing: The June PCC meeting was canceled and the September meeting was rescheduled from 9/21 to 9/14. Amy updated the workgroup on Google document resources (member listing and event/resource document being created). Members were encouraged to invite at least 1-3 colleagues to join the workgroup. Amy will be sending updated calendar invites for upcoming meetings (and older invites will be deleted). Next workgroup meeting: Wednesday, July 12, 2023 from 12:00 – 1:00 pm