

## 1 Meeting Logistics

| Item                                  | Quality of Life – Survivorship Workgroup |  |
|---------------------------------------|--|--|
| Date                                  | 5/12/2021                                |  |
| Time                                  | 12:00 – 1:00 pm                          |  |
| Location                              | Virtual                                  |  |
| Purpose/Focus Regular monthly meeting |  |  |
| Notetaker                             | Stefanie Washburn, co-chair              |  |

2 Attendees: Maggie Arnesen, Jeanne Cooper, Colleen Dwyer, Diana Fox, Amy Jacobs (cochair), Jennifer Kehm, Lorna LeMelle, Megan Maurer, Wendy Myers, Aubrey Reichard, Stephanie Scoletti, Stefanie Washburn (co-chair)

## 3 Agenda

| ID | Description                      | Owner             | Time       |
|----|----------------------------------|-------------------|------------|
| 1  | Welcome and introductions        | Stefanie Washburn | 5 minutes  |
| 2  | YMCA & Pennie Health Equity Tour | Amy Jacobs        | 10 minutes |
| 3  | Seven Pillars of Wellness        | Wendy Myers       | 10 minutes |
| 4  | Resources: RISE PA               | Stefanie Washburn | 10 minutes |
| 5  | Resources: United Way 211        | Amy Jacobs        | 10 minutes |
| 6  | Subcommittee updates             | Stefanie Washburn | 10 minutes |
| 7  | Membership                       | Amy Jacobs        | 5 minutes  |
| 8  | Wrap up/next meeting             | Amy Jacobs        | 5 minutes  |

## 4 Discussion (next page)

pennsylvania DEPARTMENT OF HEALTH



## Discussion 1 YMCA and Pennie Health Equity tour: YMCA is visiting all 67 counties starting in Southeast PA. Tour will include information about COVID-19 and Pennie health insurance marketplace options; health education, screenings, and vaccines. YMCA is partnering with community organizations and focusing on reducing health inequities & creating sustainable solutions. Workgroup members can contact Amy if interested in getting involved. 2 Seven Pillars of Wellness: Wendy presented her framework for wellness, which may also help guide us with developing resource categories: Movement/ADLs, Nutrition, Rest, Stress Level, Intimacy/Social Connection, Spirituality, Environment. 3 **Resource approach**: Workgroup will focus on identifying resources related to cancer quality of life/survivorship and sharing them with existing resource hubs that have support/staffing behind them (rather than creating a new resource listing or hub). Workgroup will also help promote these existing resource hubs to healthcare providers and people living with/beyond cancer. This will have greater reach, impact, and efficiencies than creating our own listing and allows focus on SDOH (in and outside of cancer-related issues). **RISE PA**: Resource/referral system developed by PA Department of Human Services 4 with input from multiple stakeholders. Goal is to reduce fragmentation in resource access and increase care coordination through focus on resources across 9 SDOH domains. RISE PA is being launched across PA by region and is in the early stages of implementation. Additional information can be found here, including DHS slide deck and webinar recording. The Workgroup will investigate how we can be involved in identifying cancer quality of life and survivorship resources for inclusion. **NOTE**: After the meeting, we learned that RISE PA is going on pause. We will gather additional information about the plans as available and update the Workgroup members. 5 United Way 211: Resource/information hub developed by United Way which includes resources by category, including health. Additional information can be found at https://www.uwp.org/programs/2-1-1/. The Workgroup will investigate how we can be involved in identifying cancer quality of life and survivorship resources for inclusion. 6 **Subcommittees:** Representation from the Workgroup for the Policy Subcommittee was requested and will be fulfilled by Aubrey. The Workgroup is seeking articles for the Communications Subcommittee, particularly on Survivorship for June (article

submission deadline: May 18). We are also seeking representation for upcoming Communications Subcommittee meetings as our regular representation (Stefanie) is

Membership: Workgroup members were thanked for referring new members and

encouraged to continue referring contacts to join PCC/Workgroup.

**Next meeting**: June 9, 2021 from 12:00 – 1:00 pm

7

8

not available in May and June.