

# PCC Newsletter January 2024



2019-2023 PA State Cancer Plan Closeout: Final Objective Measures					
(GREEN indicates goal met or exceeded. RED indicates no movement or movement in wrong direction from baseline)					
	OBJECTIVE	BASELINE	TARGET	ACTUAL	NOTES
HEALTH EQUITY	Increase the percentage of Pennsylvanians with a regular health care provider by 1.5 percentage points	85.5% BRFSS, 2016	87%	89%	BRFSS, 2021
	Increase the percentage of patients that report that their doctors always communicated well by 3 percentage points	64% HCAHPS, 2017	67%	72%	HCAHPS, 2021
PREVENTION	Increase the percentage of adolescents, male and female, aged 13 to 17 years, who complete the two-dose HPV or are up to date with the vaccination series by 20 percentage points	57.4% NIS Teen Data, 2016	77.4%	68.7%	NIS Teen Data, 2020 48.8% Rural Adolescents
	Decrease the percent of current adult smokers by 4 percentage points	19% BRFSS, 2017	15%	14%	BRFSS, 2021
	Increase the number of radon positive homes with an operational mitigation system by 5 percent	12,672 PA DEP, 2017	13,306	36,880	PA DEP, 2019
	Increase the percent of melanomas diagnosed at early stage by 3 percentage points	85.2% PA Cancer Registry, 2015	88.2%	81.9%	PA Cancer Registry, 2015
	Decrease the rate of adult obesity by 2 percentage points	32% BRFSS, 2017	30%	33%	BRFSS, 2017
	Decrease the rate of childhood obesity by 1 percentage point	17.5 YBRFSS, 2017	16.5	17.3	YBRFSS, 2021
	Reduce the growth of HCV among adolescents and young adults, aged 15 to 34 years, by 24.6 percent	400.1 NEDSS, 2016	301.7	NO DATA	In 2020, Pennsylvania reported the third highest count of newly reported chronic hepatitis C infections in the U.S. by state at 7,6154.

# PCC Newsletter January 2024

2019-2023 PA State Cancer Plan Closeout: Final Objective Measures					
(GREEN indicates goal met or exceeded. RED indicates no movement or movement in wrong direction from baseline)					
SCREENING and EARLY DETECTION	Increase the percentage of women who have had a mammogram in the past two years by 5 percentage points	75.6% BRFSS, 2016	80.6%	80.8% *USCS, 2021	
	Increase the percentage of women aged 21-65 who have had a pap test in the past three years by 5 percentage points	71.1% BRFSS, 2016	76.1%	79.6% *USCS, 2021	Final measure is for Cervical Cancer Screening (PAP and HPV)
	Increase the percentage of Pennsylvanians aged 50-75 who received one of the recommended colorectal cancer screenings per USPSTF guidelines within the recommended interval by 6 percentage points	68% BRFSS, 2016	74%	77% *USCS, 2020	
	Increase the percentage of lung cancers diagnosed at an early stage by 5 percentage points	21.8% PA Cancer Registry, 2015	26.8%	27.9% PA Cancer Registry, 2020	
	Increase the percentage of prostate cancers diagnosed at an early stage by 7 percentage points	74.1% PA Cancer Registry, 2015	81.1%	65.6% PA Cancer Registry, 2020	
DIAGNOSIS and TREATMENT	Increase the number of Pennsylvanians participating in cancer clinical trials	No Baseline		No Data: Clinical Trials Collaborative started to gather data, establish future measures	
	Expand public and provider awareness of and increase patient access to genetic counseling and testing	No Baseline		No Data	
	Increase the five-year survival rate for Pennsylvanians with cancer	64.1 PA Cancer Registry, 2011		65.2 PA Cancer Registry, 2015	
• New data Source					

## New Years Resolutions?

- A helpful message from the American Psychological Association about New Year's resolutions: [The secret behind making your New Year's resolutions last \(apa.org\)](https://www.apa.org)
- Making meaningful yet manageable adjustments to your daily routines and habits can significantly enhance your overall health and well-being. As we enter 2024, consider committing to embracing small, positive changes that will have a lasting impact on your health, establishing a foundation for a healthier and more fulfilling lifestyle. [Ten healthy choices to make in 2024 \(who.int\)](https://www.who.int)
- Using predictive modeling to anticipate the food and wellness trends that may gain prominence in the upcoming year: [EatingWell's Top 10 Food & Nutrition Trends for 2024](https://www.eatingwell.com)
- Alcohol use has been linked with cancers of the mouth, throat (pharynx), voice box (larynx), esophagus, liver, colon and rectum and breast, according to the American Cancer Society. Oncologists say moderate alcohol consumption is an answer for people looking to balance cancer risk with the enjoyment they get from drinking. [Considering A Dry January? Learn About Alcohol And Cancer Risk. \(survivor.net\)](https://www.survivor.net)

# PCC Newsletter January 2024

- Numerous changes need to be made to raise public awareness of the fact that drinking alcohol raises the risk of several types of cancer. That's a key conclusion from a new study conducted by an NCI research team.  
Read more here: [Awareness of Alcohol's Link to Cancer Lagging - NCI](#)
- NIH National Cancer Institute Alcohol and Cancer Webinar Series:  
[Alcohol and Cancer | Division of Cancer Control and Population Sciences \(DCCPS\)](#)

## **Updated Pennsylvania Data from the Rural Health Information Hub**

- [Natural Population Change, Pennsylvania](#)
- [Number of Health Care Facilities per 100,000 Rural and Urban \(Pennsylvania\) Residents](#)
- [Number of Hospitalization Discharges per 100,000 Rural and Urban \(Pennsylvania\) Residents, 2019 to 2021](#)

## **Coalition News and Announcements**

- We have added a new resource to the PCC website, Cancer Plan Tip Sheets. Cancer Plan Tip Sheets are designed to help CCC program staff, coalition staff, and coalition members to update their cancer plans. Each tip sheet focuses on a specific topic such as colorectal cancer screening, HPV vaccination, or healthy behaviors for cancer survivors. [Comprehensive Cancer Control Plan Tip Sheets \(pacancercoalition.org\)](#)
- We are adding a **NEW** workgroup to the PCC! The Environmental Health workgroup is in the developmental phase, more details are forthcoming! For more information contact Fern Gilkerson [fern.gilkerson@temple.edu](mailto:fern.gilkerson@temple.edu) or Dani Wilson [dani@censwpa.org](mailto:dani@censwpa.org).
- The PCC has a new YouTube channel! If you missed the December 2023 Quarterly meeting, you can watch it here: [Pennsylvania Cancer Coalition - YouTube](#)

